

SPA

INTERCONTINENTAL

ABSOLUTE STRESS FREE RITUAL (2.5 HOURS)

THB 6,000++

- BODY MASSAGE - 1 of 5* choices (60 Minutes)
- FOOT RELAXING MASSAGE (60 Minutes)
- BIODROGA REBORN APPLE STEM CELL (30 Minutes)

Body Massage

Please choose one of the five different massage selections

* SIGNATURE IN ASIA THERAPEUTIC MASSAGE

This Massage involves manipulations of the physical structure and form. It uses the therapist's body weight rather than muscular force to transmit pressure with highly therapeutic effect.

Thai massage with aromatic oil

* INTERCONTINENTAL THERAPY MASSAGE

This treatment has been specifically designed to alleviate pain through cycles of isolated pressure and release. Using hot herbal oil, skilled massage therapists focus on pain trigger points in the neck, back, legs and feet, so you'll experience a significant improvement after just one treatment.

Release and Relaxing Massage with aromatic oil

* AROMATIC RELEASE MASSAGE

Following a personal consultation, aroma therapeutic oils are incorporated with a full body

massage designed to uplift, calm or balance the mind and body.

Relaxing Massage

* ASIAN DEEP TISSUE MASSAGE

This special deep tissue massage is designed to relieve and prevent muscle soreness and ease tired joints that result from sports and intensive exercise. Ideal after an exhaustive workout.

Muscle release

* SWEDISH MASSAGE

Using a combination of various movements including friction, effleurage and kneading, this traditional massage loosens tight muscles, soothes sore muscles, increases circulation and improve overall skin and muscle tone. Pressure can range from light to very firm.

Foot Massage

FOOT RELAXING MASSAGE

This treatment starts with leg and feet exfoliating, and then uses special drainage and pressure point techniques with a revitalizing blend of balm and essential oils. It is ideal for swollen ankles, heavy and tired legs, or relaxation after a long flight

Facial Pampering

A biological facial treatments by BIODROGA

REBORN APPLE STEM CELL - apple stem cells, aquacacteen

Combining the latest stem cell technology with high performance ingredients, Biodroga Reborn is the ultimate anti-aging skincare treatment. Apple stem cells, iris isoflavone and aquacacteen help restore elasticity, improve moisture balance and visibly reduce wrinkles leaving you revitalized and youthful.

Anti-aging, firming, Apple Stem Cells**

All prices are in Thai Baht and are subject to 10% service charge and 7% government tax.